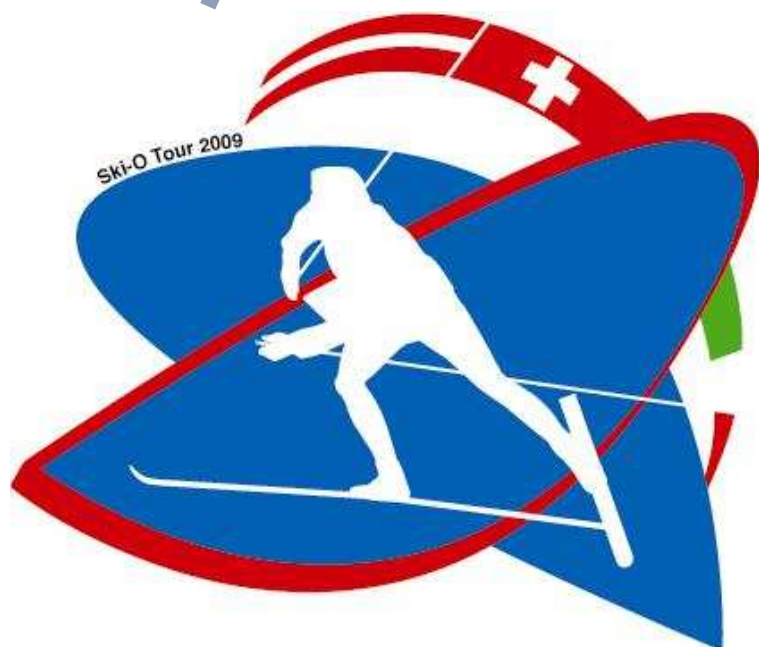


Invitation for



**Ski-O Tour 2009  
&  
World Masters Championships  
Ski-Orienteeing  
&  
Austrian Championships**

**9<sup>th</sup> – 18<sup>th</sup> January 2009  
Austria – Italy – Switzerland**

**Welcome to the first Ski-O Tour!**

**Bulletin 3**

# Bulletin 3

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# Bulletin 3

## General Information

Dear Ski O-friends,

It's an honor for me, our club, all helping members and the whole region to host this first Ski-O Tour as well as the WMOC 2009. Our orienteering clubs have organized many national and international competitions during the last 15 years and these two days will be another highlight so far!

We all spent lots of time and hard work to prepare everything for the coming races on Postalm (AUT), Ossana (ITA) and Stalden (SUI).

As you see, this is Bulletin 3 with more relevant information about the upcoming competitions. Due to the reason that we have differences in the infrastructural as well as in the organizational structure, we decided to provide you with one international Bulletin 3 and, according to the different venues, with three national Bulletins which contain the individual necessary information of that venue (patronage, jury, course and time schedule details, terrain description, travel details and further information) of Austria, Italy and Switzerland.

We wish all athletes, coaches and service crew members an outstanding and successful week! Enjoy the beautiful nature, make new friends and give your best in the races.

Best greetings and much success

Giancarlo Dell' Eva

Hans-Rüedi Häny

Christian Breitschädel, Event Directors and their teams

## 1.1 Competition Organizers

Competition Website	<a href="http://www.skiotour.eu">www.skiotour.eu</a>	
Organizers	Chief of Venue	Contact
<b>AUT</b>	Christian Breitschädel	ÖFOL Austrian Orienteering Federation, ASKÖ Henndorf Orienteering Grafenwies 4 5302 Henndorf Mobile: +43 664 4245042 Fax: +43 6214 6045 <a href="mailto:officeaut@skiotour.eu">officeaut@skiotour.eu</a>
<b>ITA</b>	Giancarlo Dell' Eva	FISO Federazione Italiana Sport Orientamento, Gruppo Sportivo MONTE GINER Via S. Michele, 2 38026 Fucine di Ossana - Trento Mobile: +39 333 8096240 (Mattia) Fax: +39 0463 751449 <a href="mailto:officeita@skiotour.eu">officeita@skiotour.eu</a> <a href="http://www.gsmonteginer.it">http://www.gsmonteginer.it</a>
<b>SUI</b>	Hans-Ruedi Häny	SOLV Swiss Orienteering Federation, OLG NOW, Ski-O Swiss Wallisweg 11 CH-5742 Kölliken Mobile: +41 79 606 66 22 Phone & Fax: +41 627231227 <a href="mailto:officesui@skiotour.eu">officesui@skiotour.eu</a>

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## 1.2 OK-Teams

Organizing Committee	AUT	ITA	SUI
Event Director:	Christian Breitschädel	Giancarlo Dell'Eva	Hansruedi Häny
Administr. & CC:	Eva Breitschädel	Mattia Valentinelli	Madelaine Huber
Time Keeping & IT:	Leo Müller	Giuseppe Simoni	André Schnyder
Race Organization:	Tobias Breitschädel	Giancarlo Dell'Eva	Hansruedi Häny
Press, Media:	Florian Elstner	Daniele Ferrari	Andrea Wyss Graber
Cartography:	Martin Lejsek (CZE)	Marco Bezzi	Beat Oklé
Course Planner:	Martin Lejsek (CZE)	Marco Bezzi	Daniel Perret
Track Organization:	Hans-Georg Gratzer	G.Dell'Eva-M.Bezzi	Beat Oklé
IOF Advisor:	Erich Simkovics (AUT)	Tullio Manzinello	Daniel Sägesser (SUI)
National Advisor:	Wolfgang Pötsch	Tullio Manzinello	Daniel Sägesser

## 1.3 Jury for WMOC

N.N. Member 1 \*

N.N. Member 2 \*

N.N. Member 3 \*\*

Plus local Event Director; only participation – no voting

According to § 29.13 and §29.13 of the Competition Rules for IOF Ski Orienteering Events, the jury shall consist of 3 voting members, if possible from different Federations where two members are appointed by the IOF Council (\*) and one member is appointed by National Orienteering Federation (\*\*).

## 1.4 Insurance

Competitors participate at their own risk. According to national regulations, insurance against accidents shall be upon the responsibility of their national federation or themselves.

## 1.5 Medical Service and other Important Telephone Numbers

Medical service will be in addition to the daily service of first aid at the competition sites.  
Further useful phone numbers in case of any need:

	AUT	ITA	SUI
Ambulance	144	118	144
Firemen	122	115	118
Police	133 (in case of theft)	112/113	117
	In case of an emergency, please also contact the Organizing Committee under +43 664 4245042 (Christian Breitschädel, Event Director).	-	In case of an emergency, please also contact the Organizing Committee under +41 79 606 66 22 (Hansruedi Häny, Event Director).

# Bulletin 3

## 1.6 Prize Giving

10.01.2009	Austrian Championship: in the finish area directly after the race SOT Stage 1 & WMOC: 19:30 in Abtenau
11.01.2009	Austrian Championship, SOT Stage 2 & WMOC: 14:00 directly in the finish area after the race
13.01.2009	SOT Stage 3: SOT and Master SOT in the finish area directly after the race
14.01.2009	SOT Stage 4: SOT and Master SOT: 21.00 in Fucine di Ossana just before the "go away party" at Hotel Santoni
16.01.2009	SOT Stage 5: 15.00 in the finish area
17.01.2009	SOT Stage 6: 11.00 in the finish area, SOT overall ranking: 20.00 at the party in the event centre

## 1.7 National Flags

All national teams are requested to bring one national flag (recommended size 100 x 150 cm) in case of multiple runners on the podium. The flag has to be handed over in the Competition Centre when registration takes place.

## 1.8 Complaints and Protests

According to the IOF Rules for Ski Orienteering events, Complaints can be made by Team Officials and Competitors. Any Complaint shall be made in writing and handed over to the organizer at the local CC in the Event Centre as soon as possible. Complaints regarding the results shall be made no later than 15 minutes after publication of the official results list.

A written Protest can be made against the Organizers' decision about a complaint.

## 1.9 Anti-Doping

Current IOF Anti-doping rules apply. Doping controls may be carried out at any time during the competition period.

The Organizers and participants are committed to do everything required to support the official anti-doping authorities to do their work successfully and transparently. We strongly support all efforts to keep our sport clean and doping free.

## 2 Dates and Times of Competitions – Event Program

Date	Country	Race	Type	Information
Fri, 9 <sup>th</sup> Jan	AUT			Arrival
Sat, 10 <sup>th</sup> Jan	AUT	Model Event SOT Stage 1 (WRE) WMOC Stage 1 AUT National Competition	Middle, individual start Middle, individual start Middle, individual start	
Sun, 11 <sup>th</sup> Jan	AUT	SOT Stage 2 (WRE) WMOC Stage 2 AUT National Competition	Long, individual start Long, individual start Long, individual start	
Mon, 12 <sup>th</sup> Jan	AUT	Rest day		Travel to ITA
Tue, 13 <sup>th</sup> Jan	ITA	SOT Stage 3 (WRE)	Sprint, individual start	
Wed, 14 <sup>th</sup> Jan	ITA	SOT Stage 4 (WRE)	Long, individual start	
Thu, 15 <sup>th</sup> Jan	ITA	Rest Day		Travel to SUI
Fri, 16 <sup>th</sup> Jan	SUI	SOT Stage 5 (WRE)	Sprint	

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Date	Country	Race	Type	Information
Sat, 17 <sup>th</sup> Jan	SUI	SOT Stage 6 (WRE) SUI National Competition	Middle, chasing start	
Sun, 18 <sup>th</sup> Jan	SUI	SUI Championship Training		Departure
19 <sup>th</sup> – 20 <sup>th</sup> Jan	SUI	Training Camp possible		

**Prize** money for overall winners of SOT:

Category	1.	2.	3.
M/W 21-	€ 300.-	€ 200.-	€ 100.-
M/W -20	€ 150.-	€ 100.-	€ 50.-

## 3 Detailed Time Schedule

### 3.1 Austria

#### Friday, 09.01.2009 – Arrival of National Teams & WMOC Competitors

17:00		Departure of Shuttle Bus, meeting Point Terminal 1, C "Zentralbereich"	Munich Airport
17:00	21:30	CC (Base Station of Karalmlift) is open	Abtenau

#### Saturday, 10.01.2009 – Model Event, SOT Stage 1 & WMOC: Middle Distance

08:30	11:00	CC is open	Abtenau
10:30	11:00	Organizational Meeting for SOT-Members (Officials) and Masters who join the SOT	Lienbachhof, Postalm
11:00	13:00	Local CC is open	Lienbachhof, Postalm
11:30		First Start SOT & WMOC	Postalm
13:00		First Start National Competition	Postalm
15:30		Price Giving National Competition	Postalm
17:00	19:00	CC is open	Abtenau
19:30		Opening Ceremony and Prize Giving SOT & WMOC	Abtenau, Main Square

#### Sunday, 11.01.2009 – SOT Stage 2 & WMOC: Long Distance

08:30	09:30	CC is open	Abtenau
09:00	11:30	Local CC is open	Lienbachhof, Postalm
10:30		First Start SOT & WMOC	Postalm
11:30		First Start National Competition	Postalm
13:00	15:00	Local CC is open	Lienbachhof, Postalm
13:30		Price Giving WMOC	Postalm

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## Sunday, 11.01.2009 – SOT Stage 2 & WMOC: Long Distance

14:30		Price Giving National Competition	Postalm
15:30		Price Giving SOT	Postalm
17:00	19:00	CC is open	Abtenau

## Monday, 12.01.2009 – Rest Day, Transfer to Italy



09:30		Departure of SOT-Bus and Transfer to Italy	Abtenau

## 4 Race Information

### 4.1 Registration for SOT (date 5<sup>th</sup> Jan 09)

Registration overview		W 21-	M 21-	W -20	M -20	Sum
Bulgaria		-	2	-	-	2
Czech Republic		5	10	10	8	33
Finland		6	4	-	-	10
Germany		-	1	-	-	1
Italy		-	3	-	-	3
Japan		2	3	-	-	5
Latvia		-	-	1	-	1
Lithuania		4	6	-	2	12
Norway		1	6	-	-	7
Romania		1	1	-	-	2
Russia		13	16	3	-	32
Slovakia		2	-	-	1	3
Sweden		6	9	-	-	15
Switzerland		3	6	2	5	15
Ukraine		3	9	4	2	18

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Registration overview		W 21-	M 21-	W -20	M -20	Sum
USA		-	1	-	-	1
Austria		1	2	-	-	3
		47	79	20	18	164

## 4.2 SOT-Rules

### Scoring rules Ski-O Tour 2009:

These rules apply for the Tour classes W/M -20 and W/M 20-.

For all events except the final one, we will calculate a base time from the average time of the top three participants in each class.

After the second last competition we will evaluate an average base time for each class. Each run time will then be adjusted in proportion to the ratio of its respective base time and its average base time (see below).

### Normalisation formula

The normalisation will be done as follows.  $avg(base\ time)$  is the average base time of the previous events:

$$T_i = run\ time_i \times \frac{avg(base\ time)}{base\ time_i}$$

### Chasing start

The chasing start times will be based on the total sum of these normalised run times.

## 4.3 Start Draws

The start draws for SOT Stage 1 to Stage 5 as well as for WMOC Stage 1 will be made at random and under the supervision of the IOF Event Advisor. The draws will not be open to team officials, athletes or the public.

According to IOF Rules, start order for Stage 2 for WMOC will be the reverse start order of Stage 1.

Start order and time gaps of Stage 6 of SOT will be according to 4.2 SOT-Rules.

## 4.4 Punching System

Electronic SPORTident punching system will be used in all SOT and WMOC events:

- Rented SI-Cards will be handed out at registration together with the other information.
- Competitors will run all races with the same SI-Card.
- It is the responsibility of each competitor to take the right SI-Card to the start.
- Competitors are responsible for correct clearing and checking their SI card in the control unit located in the start area.
- Competitors are responsible for correct punching at the controls. Please check carefully the optical and acoustic signals! If one SI unit does not work properly, use the second one!
- Runners have to announce any problem with controls and punches at the read-out in the finish.
- Rented SI-Cards must be returned after the last event taken part, the deposit will be given back.

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## 5 Classes and Participation Restrictions

<b>Ski-O Tour:</b>	W/M - 20 + 21
<b>WMOC:</b>	W/M 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85
<b>National Competitions:</b>	According to national regulations
<b>Open Classes</b>	No restrictions

## 6 Registration for Ski-O Tour, Entry Fee

### Preliminary Entry:

Latest day for preliminary numbers of competitors and team officials is November 15<sup>th</sup>, 2008 (online entry form, see web site).

### Final Entry:

Latest day for final entry with names of the competitors and team officials is December 20<sup>th</sup>, 2008 (online entry form, see web site).

### Entry Fee Ski-O Tour:

<b>Entry fee for Competitors of SOT</b>	1 race: EUR 27.-	6 races: EUR 150.-
	incl. starting fee, new competition maps, opening ceremony	
<b>Fee for Team Officials</b>	EUR 30.-	
	incl. all maps (SOT), results, split times, opening ceremony	

## 7 Registration for WMOC, Entry Fee

### Entry for the two individual races

Latest day for entry with names of the competitors is January 9<sup>th</sup>, 2009 (online entry form, see web site). Discount for early registration is offered.

### Entry Fee WMOC

Entry fee, registration by: November 10 <sup>th</sup> , 2008	EUR 60.-
Entry fee, registration by: December 10 <sup>th</sup> , 2008	EUR 70.-
Entry fee, registration by: January 8 <sup>th</sup> , 2009	EUR 80.-

## 8 Registration for Open and National Races, Entry Fee

The registration for the Open and National Races can be made by e-mail to the national information in the 3 countries until January 2nd 2009 or also "on site" at the information desk at the local Competition Centre. Entry fee: according to the national race invitation.

## 9 Accommodation (Types and Fee)

Country	Type	Description	Costs
AUT	A Hotel ****	Room, breakfast and dinner	EUR 195.- 3 nights / person
	B Hotel ***	Room, breakfast and dinner	EUR 150.- 3 nights / person
	C Pension	Room, breakfast	EUR 75.- 3 nights / person

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Country	Type	Description	Costs
	Apartment	Room for 4/5 persons, kitchen	EUR 120.- ...240.- 3 nights
	Information and booking: <a href="http://www.lammertal.info">www.lammertal.info</a> and: <a href="mailto:ferien@lammertal.info">ferien@lammertal.info</a> contact: Christl Putz, Tel.: +43 6243 404054		
	Warm lunch includes: soup, vegetarian meal or meat, beverage, dessert, coffee		EUR 14,- per day / person
ITA	A Hotel ****	Room, breakfast and dinner	EUR 130.- per day / person
	B Hotel ***	Room, breakfast and dinner	EUR 110.- per day / person
	C Pension	Room, breakfast	EUR 90.- per day / person
	Apartment	Room for 4/5 persons, kitchen	EUR 120 - 190.- per day / person
SUI	A Hotel ***	Room, breakfast and dinner *	SFr. 270.- 3 nights / person
	B Hotel **	Room, breakfast and dinner *	SFr. 230.- 3 nights / person
	C Hotel (shared room)	Room, breakfast and dinner *	SFr. 190.- 3 nights / person
	D Hotel (group room)	Room, breakfast and dinner *	SFr. 160.- 3 nights / person
	D Camp (group room)	Room, breakfast and dinner *	SFr. 120.- 3 nights / person
	* without dinner on Saturday		
	Closing ceremony on Saturday with banquet: Pastaparty		SFr. 20.- per person
	Warm lunch includes: soup, vegetarian meal or meat, drink, dessert, coffee		available at „Bergrestaurant Langis“

Payment for accommodation directly at the chosen accommodation.

## 10 Transport

Costs for bus transport include the transport in a comfort class bus to and from Munich or Salzburg Airport to Abtenau / AUT, from Abtenau to Ossana / ITA, from Ossana to Stalden / SUI and from Stalden to Munich or Salzburg Airport (for detailed schedule see the event program). Busses will be equipped with enough space for skis and luggage. According to your arrival time we will organise and define the most efficient transport schedule.

Departure of bus transport from Munich airport at 16:00, Fri, 9th January 2009

Arrival of bus transport at Munich airport at about 14:00, Sun, 18th January 2009

The fee for the transport is EU 150.- per person for the whole trip.

If desired we can arrange transport for WMOC from Munich or Salzburg airport and back.

Prices on request.

Own transport is allowed. Please consider that there could be special street conditions (snow, ice, etc.) so the cars should be at least equipped with winter tires and snow chains (to be used when necessary).

## 11 Payment

Please instruct your bank to forward the payment orders by December 20<sup>th</sup> 2008 to:

ASKÖ Henndorf – Orienteering

IBAN: AT114501000072113020

BIG/SWIFT Code: VBOEATWWSAL

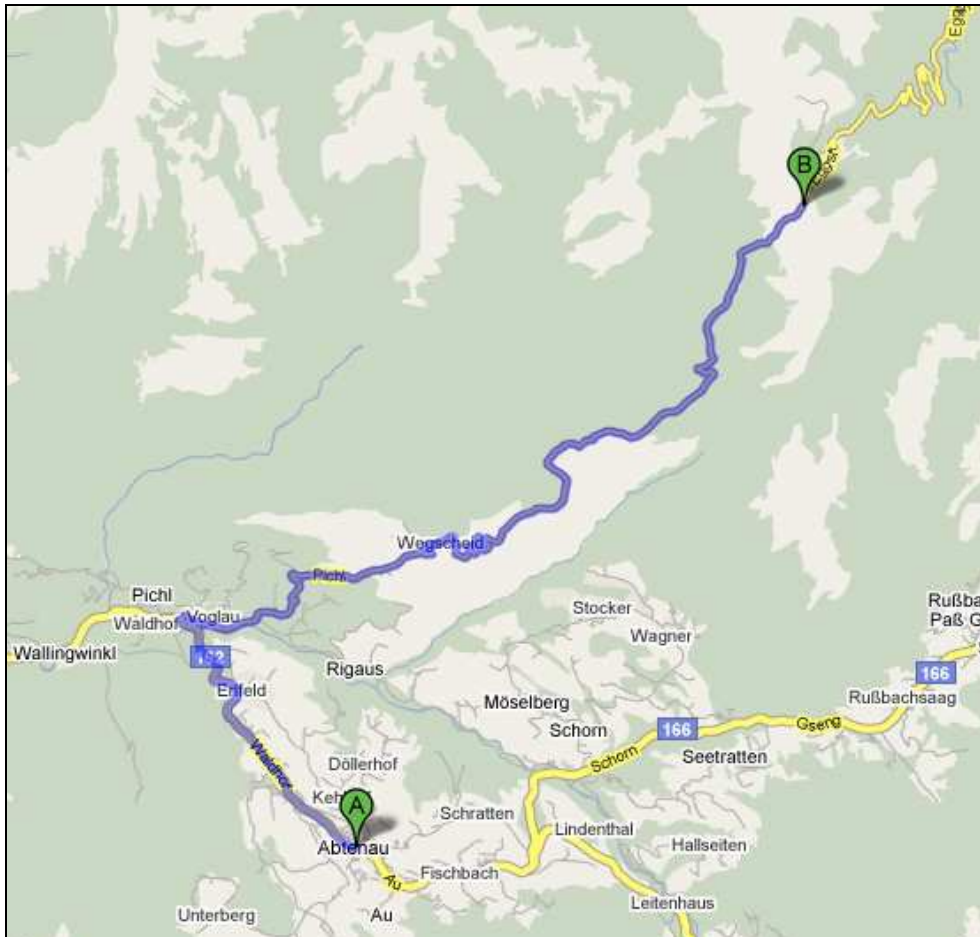
Total amount (competitions and transport), including banking fee. Entries are not valid until the organizer has received the payment. Please respect the deadlines. Group registration is desirable.

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## 12 Travel Information

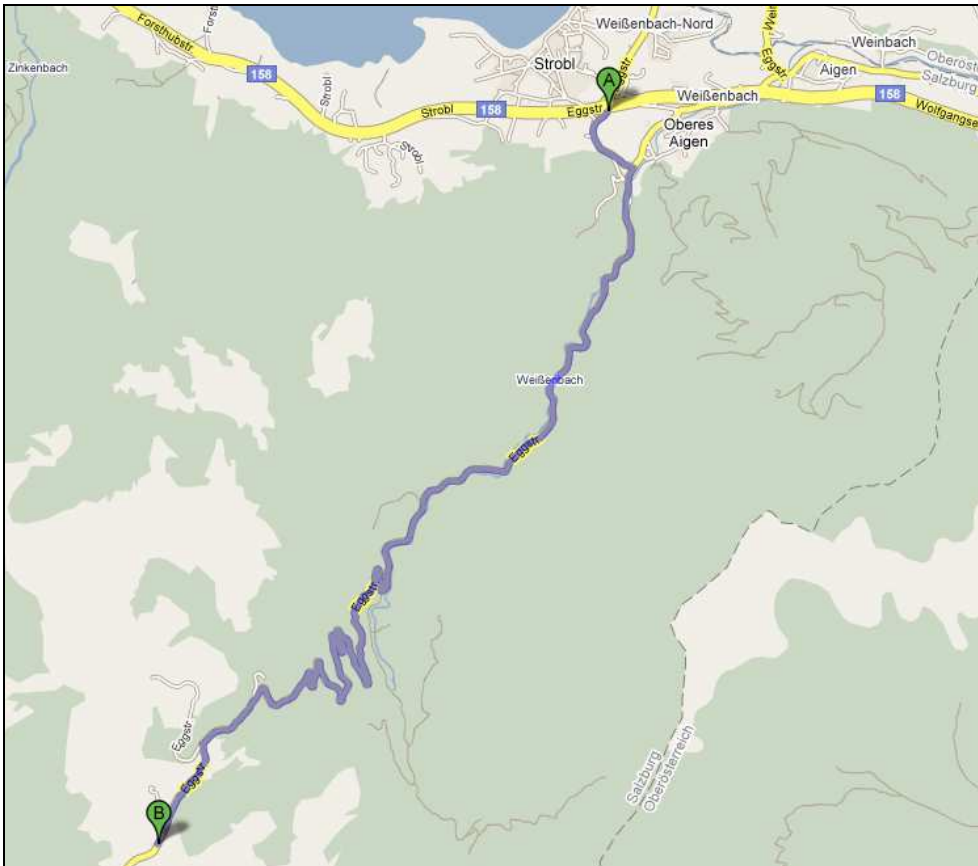
### 12.1 Access to Stage 1 & 2, Postalm

Access of competition area Postalm from Abtenau:



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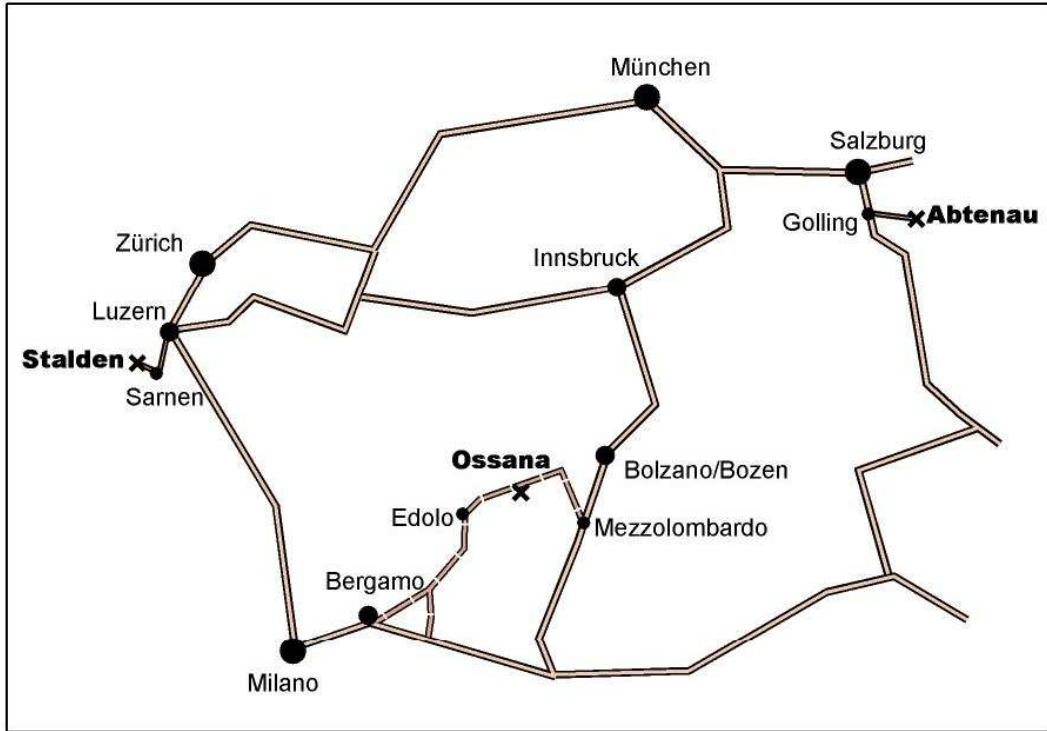
Access of competition area Postalm from Strobl:



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## 12.2 Overall View of SOT-Stages

Overview Abtenau/Postalm – Ossana – Stalden



## 13 Content of National Bulletin

Following information can be found in the National Bulletin:

- Patronage of the Venue
- Detailed Time Schedule
- Model Event and War-Up Area
- Embargoed Areas
- Terrain Description
- Start Number Bibs
- Start and Finish Procedure
- Refreshments and Clothing Transport
- Course Details (Length, Sensible Route, Climbing)
- Jury
- Travel Information