



INTERNATIONAL ORIENTEERING FEDERATION

Introduction to the IOF



International Orienteering Federation

The International Orienteering Federation (IOF) is the governing body for the sport of Orienteering. The IOF governs four Orienteering disciplines: Foot Orienteering, Ski Orienteering, Mountain Bike Orienteering and Trail Orienteering.

The IOF was founded in 1961 and recognized by the International Olympic Committee (IOC) in 1977.

Orienteering

Orienteering is a sport that combines both a physical and a mental element. The basic idea in orienteering is to proceed from course start to finish by visiting a number of control points in a pre-determined order, using only a detailed map and a compass. In order to choose the best

The official federation seat is in Karlstad, Sweden, and works with developing and promoting the four disciplines and its member federations.

The IOF is building its external communication through TV broadcasts of their major events at LIVEOrienteering, the web page orienteering.org, and social media accounts.

possible route, orienteers look at the characteristics of the terrain, and the winner is the person who completes the course in the fastest time.

Orienteering is unique in that an orienteer must navigate and make quick decisions while running at high speed.

Annual events:

- World Championships
- Regional Championships
- Junior World Championships
- World Masters Championships
- IOF Orienteering World Cup in Foot-, Ski-, MTB-Orienteering.



Statutory institutions

The statutory institutions of the IOF are:

- * The General Assembly
- * The Ethics Panel
- * The Council
- * IOF Office
- * The Presidents' Conference

The aims of the IOF

The aims of the International Orienteering Federation (IOF) are to spread the sport of orienteering, to promote its development and to create and maintain an attractive world event programme.

The vision

The vision of the IOF is that orienteering shall be a truly global sport and included in the Olympic and Paralympic Games.

The fundamental values of orienteering

Orienteering is **at one with nature**.

Orienteering is respectful of the natural environment. It promotes environmental good practice.

Orienteering is **mentally and physically challenging**.

It advocates and supports a healthy lifestyle; an active mind and body.

Orienteering is characterised by the **spirit of adventure**.

Through the challenges of navigation, orienteering develops **self-confidence, independence and life skills**.

It is a lifelong sport, enhancing the quality of life.

Orienteering is **inclusive**.

Orienteering promotes the inclusion of women and men equally from all ethnic, religious and social backgrounds. Success by women and men is equally recognised.

Orienteering is committed to being a **drug free** sport and supports the World Anti Doping Agency (WADA) motto play true.

Orienteering is characterised by the spirit of **friendship** and is committed to the notion of **fair play**. It is expected that all persons taking part in an orienteering event shall behave with fairness and honesty.

Orienteering is committed to the highest standards of **governance** and **transparency** in the conduct of its business and to seek full engagement of all its members on an equal basis in its decision-making.

World Orienteering Championships 2016

WOC was available to television viewers in **91** countries and territories, a record number.

17 hours of live coverage from WOC

20 kilometres of cable were used on an average day. The longest distance was 10 km from the arena to the control at the Norwegian border during the Long distance.



Russia won its first ever Relay gold medal on the women's side with Anastasia Rudnaya, Svetlana Mironova and Natalia Gemperle in the team.



TV coverage from the Sprint in Strömstad

- **47** nations
- Jerker Lysell, Sweden, had a kilometre time of **3.31** when he won the men's Sprint final.
- The men's Long distance was **15.5** kilometres, which is exactly the same as the previous year in Scotland. The longest course ever at a WOC was in 2013 in Finland where it was 19.8 km.
- When the Sprint relay was added to the WOC programme in 2014, **Denmark** came second. The two following years have led to victories.

Medals

Sweden 3 gold 2 bronze
 Norway 2 gold 2 silver 1 bronze
 Denmark 2 gold 1 silver
 Switzerland 1 gold 4 silver 3 bronze
 Russia 1 gold 1 silver 1 bronze
 France 1 silver
 Belarus 1 bronze
 Finland 1 bronze



252 927 participants

Female participants **52%**

Young participants (0-23 years) **86%**

Participants under 12 years **47%**

2013 locations

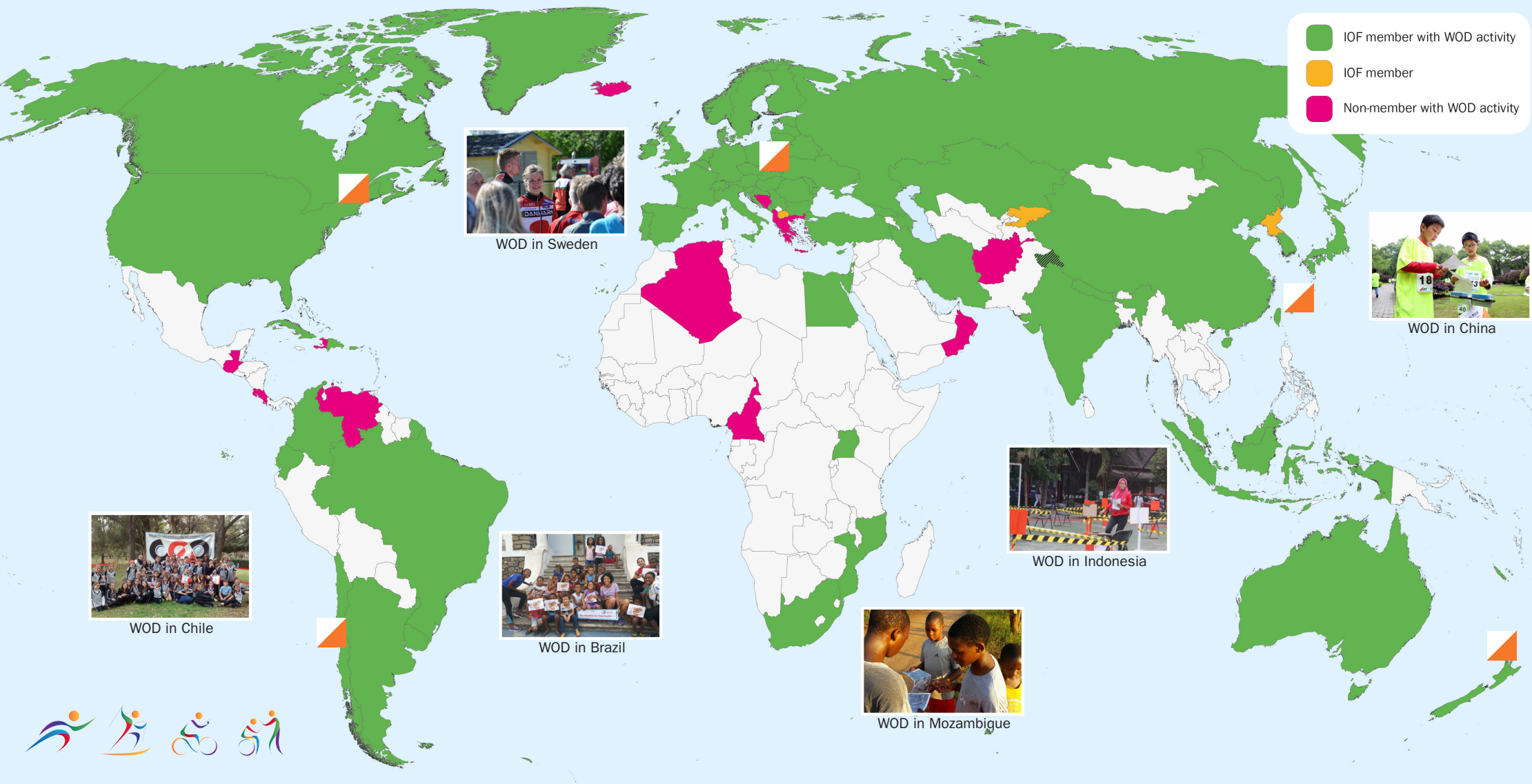
81 registered countries and territories

#worldorienteeringday

More than 800 photos with #worldorienteeringday on Instagram

Some of the non-IOF members taking part:

Iceland, Haiti, Oman, Bosnia Hercegovina, Afghanistan, Guatemala, Algeria and Costa Rica



70 member federations

81 WOD registered countries and territories

IOF Major Events 2017

World Ski Orienteering Championships, Russia, 5-13 March
 Nokian Tyres World Orienteering Championships, Estonia, 30 June-8 July
 World Trail Orienteering Championships, Lithuania, 10-15 July
 World Mountain Bike Orienteering Championships, Lithuania, 19-27 August

52 nations

were represented in
 IOF four discipline's
 World Championships
 2016.



Regional championships FootO

Oceania, Auckland New Zealand
 South America, Valparaiso, Chile
 North America, Hanover, New Hampshire, USA
 Asia, Chiayi City, Chinese Taipei
 Europe, Jesenik, Czech Republic



10 most active countries

Turkey, Sweden, Norway,
 China, Russia, Hungary,
 Spain, Great Britain, Italy
 and Czech Republic



orienteering.org



LIVEOrienteering.com



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